

| Spieltag | Ort | Sporthalle | Datum | Beginn | Spiel Nr. | Mannschaft 1 | Mannschaft 2 | Linienr. Schr. |
|----------|-----------------|-----------------|--------------------|---------|-----------|--------------------|--------------------|--------------------|
| 1 | Schlieren | Unterrohr | So 02. Dez. 18 | 08.30 h | 1 | TSV Jona 3 | TSV Jona 2 | Satus Schaffhausen |
| | | | | | 2 | Satus Schaffhausen | FB Embrach 1 | TSV Jona 2 |
| | | | | | 3 | Satus Schaffhausen | TSV Jona 3 | FB Embrach 1 |
| | | | | | 4 | FB Embrach 1 | TSV Jona 2 | TSV Jona 3 |
| | | | | | 5 | Satus Schaffhausen | TSV Jona 2 | FB Embrach 1 |
| | | | | 12.00 h | 6 | TV Rüti | STV Schlieren 2 | STV Schlieren 1 |
| | | | | | 7 | MR Beringen 1 | STV Schlieren 1 | TV Rüti |
| | | | | | 8 | STV Schlieren 2 | STV Schlieren 1 | MR Beringen 1 |
| | | | | | 9 | TV Rüti | MR Beringen 1 | STV Schlieren 2 |
| 2 | Seuzach | Rietacker | So 09. Dez. 18 | 08.30 h | 10 | TSV Jona 3 | FB Embrach 1 | STV Schlieren 2 |
| | | | | | 11 | FB Embrach 1 | MR Beringen 1 | TSV Jona 3 |
| | | | | | 12 | TSV Jona 3 | STV Schlieren 2 | MR Beringen 1 |
| | | | | | 13 | TSV Jona 3 | MR Beringen 1 | FB Embrach 1 |
| | | | | | 14 | STV Schlieren 2 | FB Embrach 1 | MR Beringen 1 |
| | | | | 12.00 h | 15 | STV Schlieren 1 | TV Rüti | TSV Jona 2 |
| | | | | | 16 | Satus Schaffhausen | STV Schlieren 1 | TV Rüti |
| | | | | | 17 | TSV Jona 2 | TV Rüti | Satus Schaffhausen |
| | | | | | 18 | TV Rüti | Satus Schaffhausen | STV Schlieren 1 |
| 19 | STV Schlieren 1 | TSV Jona 2 | Satus Schaffhausen | | | | | |
| 3 | Seuzach | Rietacker | So 06. Jan. 19 | 08.30 h | 20 | Satus Schaffhausen | MR Beringen 1 | TSV Jona 2 |
| | | | | | 21 | TSV Jona 2 | STV Schlieren 2 | Satus Schaffhausen |
| | | | | | 22 | STV Schlieren 2 | Satus Schaffhausen | MR Beringen 1 |
| | | | | | 23 | TSV Jona 2 | MR Beringen 1 | STV Schlieren 2 |
| | | | | | 24 | MR Beringen 1 | STV Schlieren 2 | TSV Jona 2 |
| | | | | 12.00 h | 25 | STV Schlieren 1 | FB Embrach 1 | TV Rüti |
| | | | | | 26 | TV Rüti | TSV Jona 3 | STV Schlieren 1 |
| | | | | | 27 | TV Rüti | FB Embrach 1 | TSV Jona 3 |
| 28 | TSV Jona 3 | STV Schlieren 1 | FB Embrach 1 | | | | | |
| 4 | Jona | Rain | So 20. Jan. 19 | 08.30 h | 1 | FB Embrach 1 | TV Rüti | MR Beringen 1 |
| | | | | | 2 | TSV Jona 3 | MR Beringen 1 | TV Rüti |
| | | | | | 3 | FB Embrach 1 | MR Beringen 1 | TSV Jona 3 |
| | | | | | 4 | TSV Jona 3 | TV Rüti | FB Embrach 1 |
| | | | | | 5 | MR Beringen 1 | TV Rüti | TSV Jona 3 |
| | | | | | 6 | FB Embrach 1 | TSV Jona 3 | MR Beringen 1 |
| | | | | 12.00 h | 7 | STV Schlieren 1 | STV Schlieren 2 | Satus Schaffhausen |
| | | | | | 8 | TSV Jona 2 | Satus Schaffhausen | STV Schlieren 2 |
| | | | | | 9 | TSV Jona 2 | STV Schlieren 2 | STV Schlieren 1 |
| | | | | | 10 | STV Schlieren 1 | Satus Schaffhausen | TSV Jona 2 |
| | | | | | 11 | STV Schlieren 2 | Satus Schaffhausen | STV Schlieren 1 |
| | | | | | 12 | TSV Jona 2 | STV Schlieren 1 | Satus Schaffhausen |